

## JULY 2022 EDITION OF THE VFGC, INC. NEWSLETTER



August 1: Deadline for ODG  
August 15: Deadline for Rooted  
August 22-25: Flower Show School Norfolk  
August 27: VFGC Finance Meeting and VFGC Judges Council Williamsburg  
August 28: VFGC Board Meeting  
September 1: Grants Due

Hello ladies,  
Hope this note finds each of you enjoying this glorious summer, with all your gardens in full bloom and club activities.

Our VFGC summer is certainly blooming and specially at Lewis Ginter Botanical Gardens. I am proud to announce that WE WILL be adding a Blue Star Plaque to our healing garden. Finally, we got our go-ahead.....all that's left is for Sewah Studios to give us a delivery day. We are hoping for a late fall installation.

And plans for the Virginia State Fair are underway. We're planning on two days of hands-on workshops and mini seminars for all ages. Make plans to be part of the action. What a chance to spread VFGC to others..... As I hope you did with our VFGC "Celebrating Virginia Gardens" yard signs/posters. They were great for National Garden Week, but please don't forget the place them whenever and wherever is appropriate throughout the year. By the way, I have a few more, simply, let me know!

And I was very proud at the National Convention in Orlando. The results of many of your activities was evident at the Awards presentations. We had a national winner. Congratulations to Water Seasons IV Garden Club for the overall national winner *EC 4 Water*. I'm including a list of all our national award recognitions.

Even though our summer is blooming on... all reports are that "ya'll "are busy even with more TREX benches. Wow! The numbers are impressive.

VFGC is continuing to "DIG INTO ACTION" and each of you should be proud of your accomplishments.

Keep Digging.....

**Mary Owen**

Please continue to submit articles for Rooted. Send to [valstory@aol.com](mailto:valstory@aol.com)

**Flower Show School,  
Course III**  
*A National Garden Clubs, Inc. School*

**August 22 – 25, 2022**  
*Freemason Street Baptist Church*  
**400 E. Freemason Street**  
**Norfolk, VA 23510**  
**757-625-7579**

**Attendance at all Sessions is Required for Credit**

**Schedule:**

Monday, Aug 22	3:45 – 6 pm	Flower Show Procedure
Tuesday, Aug 23	8:00 – 9:00 am	FSP Exam
	9:15 am – 3:30 pm	Horticulture/Lunch
Wed., Aug 24	3:45 – 5:45 pm	Point Scoring Test
	8:00 – 9:00 am	Horticulture Exam
	9:15 am – 3:30 pm	Design/Lunch
Thursday, Aug 25	3:45 – 5:45 pm	Point Scoring Test
	9:00 – 10:00 am	Design Exam

**Hotels near Freemason Street Baptist Church**

**Rates are NOT guaranteed:**

Courtyard Marriott, 520 E Plume St, Norfolk, 23510, 757-963-6000, \$101  
Wyndham Garden Norfolk Downtown, 700 Monticello Ave., Norfolk, VA 23510, 757-627-5555, \$97  
Norfolk Waterside Marriott, 235 E Main Street, Norfolk VA 23510, 757-627-4200, \$118

**REGISTRATION FORM: Flower Show School-Course III**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone \_\_\_\_\_

Club \_\_\_\_\_ District \_\_\_\_\_

Credit \_\_\_\_\_ Non-Credit \_\_\_\_\_

Full Course with/without exam  
(Includes tuition, two lunches, and reserved seating on Front rows) \$130 \_\_\_\_\_

Flower Show Procedure (Mon.) \$20 \_\_\_\_\_

Horticulture & Lunch (Tues.) \$65 \_\_\_\_\_

Design & Lunch (Wed.) \$65 \_\_\_\_\_

Manual will be e-mailed (free of charge)

Printed Manual available at Registration \$5 \_\_\_\_\_

TOTAL \_\_\_\_\_

**No refunds after July 22, 2022**

Make check payable to **Virginia Federation of Garden Clubs, Inc.** with **Flower Show Schools** in the memo line and mail to:

**Brenda McManaway**, Flower Show School Registrar, Virginia Federation of Garden Clubs, Inc. (VFGC), 5531 Bethlehem Road, Boones Mill, Virginia 24065

## Garden Tool Care

Create a self-sharpening station in three easy steps

### Step 1

Gather your most regularly used spades and shovels, then select a pot or planter with ample room to store all of them. Cover any drainage holes with duck tape.

### Step 2

In a separate container mix a bag of play sand with 20 to 30 ounces of mineral oil. Combine until the oil is evenly distributed. (Sand should feel moistened, but not greasy.) Lightly pack your planter with the mixture.

### Step 3

Place the planter in an easily accessible spot and after each use; stick your tools into the sand metal-first. The regular act of pushing against the grains will keep edges sharp, while lubricating oil works to prevent rust.



From Country Living Magazine  
Submitted by Kay Campbell

## VFGC NEEDS AND WANTS YOU..... APPLY NOW

**What a wonderful opportunity: serve as a VFGC elected officer!**

Resumes for VFGC Elected Officers needed by August 1.

Members are still needed to accept the positions of elected officers for the Virginia Federation of Garden Clubs for the 2023-25 term.

There is no automatic "move-up" in elected officers. Every office, except that of President, is open. See your District members of the VFGC Nominating Committee for resume forms. The only requirements for holding elective office are willingness to serve and serviced on the VFGC Board of Directors the four years prior to the term to be served.

Resumes must be submitted to the Nominating Committee Chairman by August 1st, 2022. If you have questions or if you want to submit a resume, contact: Mary Dixon - VFGC Nominating Committee Chairman 132 Moonlight Point Suffolk, Virginia 23434-9300  
[mdixon2643@aol.com](mailto:mdixon2643@aol.com)



Virginia Federation of Garden Clubs, Inc.  
Member of National Garden Clubs, Inc.

**APPLICATION FORM FOR VFGC OFFICE (page 1 of 2)**

Name \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_

Name of Present Garden Club \_\_\_\_\_ Date Joined \_\_\_\_\_

A. List office, chairmanship or any other position held plus date served in the following:

- Garden Club \_\_\_\_\_
- District \_\_\_\_\_
- VFGC \_\_\_\_\_
- South Atlantic Region \_\_\_\_\_
- NGC \_\_\_\_\_

B. List membership in other organizations including position held:

\_\_\_\_\_

C. Work Experience

\_\_\_\_\_

D. Educational Background

\_\_\_\_\_

E. List any recognition and honors received

F. Computer skills: Word \_\_\_\_\_ Excel \_\_\_\_\_ Other (list) \_\_\_\_\_

G. Check if applicable:

NGC Accredited Flower Show Judge \_\_\_\_\_

NGC Accredited Landscape Design Consultant \_\_\_\_\_

H. Are you familiar with Parliamentary Procedure as in Robert's Rules of Order?

Yes \_\_\_\_\_ No \_\_\_\_\_

I. State position you are interested in \_\_\_\_\_  
(Application may be made for any position but there is no guarantee of consideration for a specific position.)

Application Deadline \_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

Please complete the application and e-mail or mail in time to be received by the above deadline to: \_\_\_\_\_ (Chairman)

E-Mail - \_\_\_\_\_

Phone - \_\_\_\_\_

(Committee Use Only)

Date of endorsement by Nominating Committee \_\_\_\_\_

Nominating Committee Chairman \_\_\_\_\_

“HOW DOES YOUR GARDEN CLUB GROW?”  
Melanie Browning, Shenandoah Membership

“If you do these three things before each garden club meeting, you'll gain more members”. Sounds like a clip bait internet article. In reality, it's harder than digging a hole twice as big for a tree in Virginia's red clay. The following ideas are from more creative minds than my own from the club to which I belong. Sigh! Look at your local newspaper. So they've printed a few of your club's submissions but think they're the Washington Post. Look at your members. Do any of them serve on other community boards that DO get press. Ask them if they have a contact at the paper and will introduce you. Gift them a beautiful arrangement with flowers from your garden to build on that relationship. Kindness works as do baked goods and chocolate.

Look at your meeting location. Do you meet at a church that has a pre-school? Arrange a youth project through the school administrator, inviting parents to aid and observe. Post or pass out flyers inviting parents to attend a meeting while their child is in school.

Look at your club's community projects. Could you use some help from younger, stronger hands? Contact the local middle or high school to see if they have any type of horticulture offerings for students. Most students must participate in community service as a requirement for graduation so why not help *your* club?! Invite the local press to cover the event. Chat up the parents who bring their students. Most have NO idea there is a garden club in town much less what they do. You never know if there's a 'young retiree' in the bunch looking for an opportunity to serve the community and their love of gardening.

My guess is your club knows it's locale pretty well. So dig deep, looking for resources and opportunities to make your club grow. And please share with the rest of the group what has worked. Don't be shy about emailing district and club presidents throughout VFGC stating “this is how we did it!” Remember, we're all in this together.



Club ideas are welcome, would love to add to Rooted each issue. VAS

This is going to happen..... for sure!  
 I met with Brian Trader, President/CEO of the Lewis Ginter Botanical Gardens and we have the **go ahead** to place the **BLUE STAR Plaque** in the Healing Garden. This could not have been accomplished without Barbara Hollister, Chairman Blue Star Memorial. Between us, our determination for a “good thing” for VFGC and the Gardens will come to fruition. We still have to select the stone for the plaque, but or location is selected. Hope you enjoy our photo of the spot. X marks the spot.....  
 I'll keep you posted.....

Mary Owen



Left: Brian Trader  
 Right: Barbara Hollister and Brian Trader

National Garden Award Winners

Overall Winner

Water Seasons IV Garden Club  
 EC-4 Water

Certificate of Merit

Shenandoah Sharings  
 MAE -4 D District Newsletter

Certificate of Commendation

Sleepy Hollow Garden Club  
 MAE-4G Publications  
 Glasgow Garden Club  
 CE-2 Permanent Community Improvements  
 West Chester Garden Club  
 MAE-1 Membership Awareness  
 Lake of the Woods Garden Club  
 CE-8 Landscaping of Public or Religious Grounds

Certificate in Appreciation of award participation

Seasons IV Garden Club  
 YW-8 Horticulture Education for Youth  
 Buckingham/Dillwyn Garden Club  
 FD-2 Floral Design Program  
 Sleepy Hollow Garden Club  
 FD-2 Floral Design Program  
 Abingdon Garden Club  
 MAE-5 National Garden Week  
 Salisbury Garden Club  
 MAE-2 B Social Media Website  
 MAE-5 National Garden Week  
 Chesapeake Bay Garden Club  
 MAE-2B Social Media/Website  
 Chesapeake Bay Garden Club  
 MAE-2 Social Media Website



South Atlantic Region

Member of Honor  
 Sandy Yun

## VFGC Report 2022



### Penny Pines - January to June 2022

#### January 2022

River Rd GC – Piedmont	1	\$68
Blue Ridge District	2	\$136
Colonial GC – Tidewater	1	\$68
Lake of the Woods GC- Shenandoah	3	\$204

#### February 2022

Glasgow GC - Shenandoah	3	\$204
May Farm GC - Tidewater	1	\$68
Salisbury GC - Piedmont	1	\$68

#### March 2022

VFGC BOD	1	\$68
James River GC – Tidewater	1	\$68 (donated to CA)
Wonder City GC – Piedmont	1	\$68
Lake of the Woods GC Shenandoah	1	\$68
Surry GC – Piedmont	1	\$68
Natural Bridge GC – Shenandoah	1	\$68
Green Thumb GC – Southwest	1	\$68
Colonial Heritage GC – Tidewater	1	\$68

#### April 2022

Keyville GC – South Central	4	\$272
Culpeper GC – Shenandoah	4	\$272
Abington GC – Southwest	1	\$68
Sleepy Hollow GC – Piedmont	2	\$136
Sugarloaf GC – Blue Ridge	1	\$68
Rappahannock GC – Shenandoah	2	\$136
Lake of the Woods GC – Shenandoah	1	\$68

#### May 2022

Westchester GC – Blue Ridge	1	\$68
Westham GC – Piedmont	1	\$68
Hill & Valley GC – Shenandoah	1	\$68
James River GC – Tidewater	1	\$68
Merrifield's GC – Tidewater	1	\$68
Amelia GC – Piedmont	1	\$68
Berkley GC – Tidewater	1	\$68
Narrows Rose GC – Blue Ridge	4	\$272
South Central District – VA	1	\$68
Thomas Jefferson GC – Piedmont	1	\$68

Penny Pines Total for 2022  
Jan–June = 58 plantations  
with a value of \$3,944

#### June 2022

Ladies of Salem GC – Blue Ridge	2	\$136	Blue Ridge	10
Colonial Heritage GC – Tidewater	2	\$136	Piedmont	10
Madison GC – Shenandoah	2	\$136	Shenandoah	18
South Boston GC – South Central	1	\$ 68	South Central	8
Sleepy Hollow GC – Piedmont	1	\$ 68	Southwest	2
Keyville GC – South Central	2	\$136	Tidewater	9
			VFGC – BOD	1

## FALL BOARD MEETING 2022

Williamsburg..... how lovely!

Yes, it's that time of year..... when summer is waning and we're getting back down to business.

We're going to try something a little different for this meeting. The cost of meeting space at hotels, which can accommodate a small meeting and lunch, are becoming far and few between.

So, thanks to Glenda Knowles, we are meeting at Colonial Heritage Country Club. We have made arrangements for those who are coming in early to lodge at the Holiday Inn Express N. in Williamsburg at an exceptionally good rate for Williamsburg. They have free parking and even a hot breakfast included. It's not far from our meeting location. We're getting creative.....make sure you plan to come and enjoy Colonial Williamsburg.

Holiday Inn Express (night of August 28)

720 Lightfoot Road

Williamsburg North, Virginia 23188

757-220-0062

Rate \$119 /room (Free Parking and hot breakfast included)

***This rate only good by August 1....then if available***

Colonial Heritage Country Club (day of August 29)

6500 Arthur Hills Drive

Williamsburg, Virginia 23188

757-645-2000

***Meeting and lunch***



***Call will be released Monday July 18 with details.***

## Providing a Way Station for Monarchs is still very important!

### One is being described below:

Glen Burnie Garden Club members care for the grounds at Abrams Delight in Winchester, and in 2016 took over the fledgling Monarch Waystation located there. That year the garden was dedicated in honor of our founding members and members who served at the State and Regional levels. In 2021, club member Janet Bordwine volunteered to expand the garden and to add more beneficial plant materials, specifically to aid the Monarch butterfly population.

The garden was expanded with plants from members' gardens and is now twice the size! Rootings and divisions from Bea Balm, Black Eyed Susans, Common Milkweed, Coreopsis, Daylilies, Joe Pye Weed, Purple Coneflower, Spiderwort and Tulips came from members' gardens. The garden has become a great focal point across from Abrams Mill and a welcome Waystation for Monarchs to produce successive generations and sustain their migration, as well as provide nourishment for all their butterfly, bee and hummingbird friends!

By Carolyn Frye





## VFGC PRIDE DECALS Remember to order

VFGC is a wonderful organization, beautifying our communities and making the world a better place.

Let's increase visibility and show our "pride"!

Decals are \$3 each or two for \$5. Order from Barbara Hollister  
budhollister@gmail.com or Mary Owen



## Virginia needs to participate in the NGC PLANT AMERICA

**Grant applications are now being accepted for 2022 in honor of April as PLANT AMERICA Month! The Grant Application Form may be found under Resources or in the Forms Library on the NGC Web.**

PLANT AMERICA Community Project Grants help enhance and beautify our public areas and community gardens. Project grants to NGC member clubs help educate adults and children about the joys of gardening and create a pride throughout the community. Grants may be used for physical landscaping or environmental projects, or for horticultural or educational opportunities for the community.

Grants have been awarded to NGC member clubs since 2017. More than 250 grants have been awarded, totaling more than \$225,000. Grants are awarded in amounts up to \$1,000.

- Plant America Community Project Grant applications are open to NGC member clubs **through October 15** of the calendar year to fund new or continuing projects carried out during the following year.



**TREX Film Recycling Challenge:** Don't forget this program is still occurring and is a great opportunity to improve the environment and, at the same time, potentially receive a TREX garden bench. Many clubs have received benches already. It is a Challenge/Collection time for a six month period. During this time you must collect the plastics, deliver to recycling locations and register your collections. Visit the website [www.trex.com](http://www.trex.com). You will find that this program has many helpful tools such as..... • Recycling locations • Posters showing acceptable plastics • Recycling Bins.



Many clubs have participated.....lets be sure to continue.

## Applying for Awards: VFGC and District

Applying for awards not only lets us recognize your club for a job well done, but also allows you to share your project with other clubs at the VFGC spring meeting. These thoughts are meant to make the process of submitting awards easier. It will give you all of the information that you need. For the most up-to-date information on awards, always go to the Awards page of the VFGC web site [www.viriniagardenclubs.org](http://www.viriniagardenclubs.org). Click Awards, top left on the home page.



Other valuable resources are your District and State Awards Chairmen. If you have any questions, just click on their name (on the VFGC web page) and send them an email or pick up the phone and call. The Awards Chairmen's contact information is at the beginning of the VFGC List of Awards.

Only VFGC members are eligible to apply for awards unless otherwise stated in the award description. Members are: individuals, clubs, and groups of VFGC clubs. Junior, Intermediate, and High School Garden Clubs, and individual Youth must be sponsored by a member garden club to be eligible for specific VFGC, SAR and NGC awards.