

Virginia Federation of Garden Clubs'

OLD DOMINION GARDENER



www.viriniagardenclubs.org
Winter 2019 • Volume 51 • No. 3

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Cover photo from freeimageslive.co.uk #1538
 "Tracks through the snow"

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National Garden Clubs, Inc. Office

4401 Magnolia Ave.
 St. Louis, MO 62110-3492
 Member Services 800-550-007
headquarters@gardenclub.org

VFGC, Inc. Office

Lewis Ginter Botanical Garden
 1800 Lakeside Ave.
 Richmond, VA 23228-4700
 804-262-9887
www.viriniagardenclubs.org

NGC President

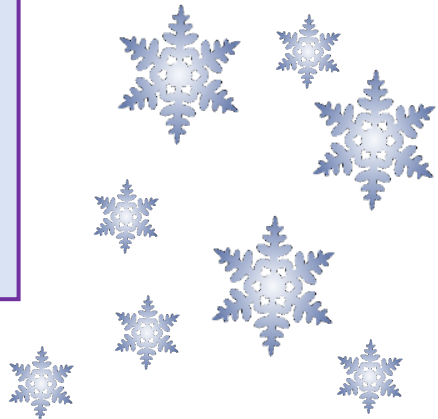
Gay L. Austin
"Plant America"
 405 Marion Avenue
 McComb, MS 39648-2709
 601-248-7661
gaylauristin@gmail.com

SAR Director

Carolyn S McCafferty
"Jump at Every Opportunity"
 206 Blaney Avenue
 Moundsville, WV 26041-1007
 304-845-4302
dancrlyn@aol.com

VFGC President

Mary Sue Floyd
"Today's Actions Pave the Pathway to Tomorrow"
 2824 Meadow Wood Dr East
 Chesapeake, VA 23321-4233
 757-484-7604
mfloyd3570@aol.com



Welcome to fall! By now I'm sure all clubs are working on their particular projects and activities. As I read the responses on the Questionnaire, I was particularly pleased to read about the variety of programs and activities. Keep up the good work! These activities support our theme: *Our Actions Today Pave the Pathways of Tomorrow*.

I hope you are planning a time to carry out our No-Bake Sale. Let us know some of what you didn't bake. We hope this will be a fun project for all of us as we gear up to do our holiday real baking.

If your club has not returned the questionnaire, please do so. I am in the process of sharing any needs listed with the chairman who may be able to help.

On a personal note, I want to thank everyone for their concerns, emails and cards. I hope to be able to attend all functions shortly after the first of the year.



Merry Christmas and Happy New Year!

Mary Sue





If you think history is boring, you have never enjoyed one of Mary Ann Jung's fun shows and workshops! She has been recreating history's most fascinating women for over thirty years, with a dynamic style like no other. Mary Ann Jung is an award-winning actress and Smithsonian scholar. You may have seen this performer, scholar, writer, and director, but not in modern clothing! Ms. Jung researches and writes her own scripts, and performs in the authentic costumes, accents, and attitudes for her characters' eras.

Mary Ann has appeared on CNN, the Today Show, Good Morning America, and in newspapers around the world as famous women from history. She has been a lead actress and Director of Renaissance History and Shakespearean Language at the Maryland Renaissance Festival for thirty-two years. Mary Ann performed as queen and was a Director with the Florida Renaissance Festival from 1994-2006. She was Director of Street Theater and Family Performances for ArtScape (Baltimore, MD's city arts festival) for ten years.

In 2002, Ms. Jung's Clara Barton show won top honors for Solo Theatrical Performance from the Maryland State Arts Council and the Ambassador of France gave her highest praise for her one-of-a-kind portrayal of Queen Catherine de Medici for his guests.

In addition to operating a successful retail flower shop for most of her floral career, Carol Caggiano, AIFD, PFCI, has traveled extensively throughout the United States as well as Japan, Korea, Italy, and Singapore sharing her design skills, creative techniques and business knowledge with her fellow florists. As an accredited member of the American Institute of Floral Design, she has served as Regional President and Chairman of the National



Membership Committee. Her designs and commentary have been featured at several AIFD National Symposiums. In 2005, AIFD presented Carol with their Award of Distinguished Service to the Floral Industry. She has served on the Board of Directors for the Society of American Florists, is a member of Professional Floral Communicators International, and has

served as its chairman. In 2008 PFCI and the Society of American Florists presented Carol with the Tommy Bright Award for excellence in floral education and commentary. In 2013 Carol was the recipient of the prestigious Paul Ecke Jr. Award presented by the Society of American Florists for her exemplary devotion to profession, industry, and community. Carol now consults for both retail business and floral design. Several floral companies know her well as a frequent freelance floral designer helping out during busy times and always on holidays. Carol also does product development and photo styling for Teleflora, a company she has done contract work for 30 years. Special projects often find their way to Carol, as did the United States Post Office for their current Celebration Stamps dedicated in May of 2017. In November, for the past two years, you could find her in Washington, DC, as part of the executive team to decorate The White House for Christmas.

Team members Alfred Goossens and William Birkhofer will present an overview of *The Socrates Project – Poisonous Plants in Virginia*, poisonous plants, how to recognize them, what some of the look-alikes are, and what are the possible effects of poisoning. The Socrates Project team is currently developing the 2nd Edition of the guide to *Poisonous Plants in Virginia*. The book will cover 25 poisonous plants growing in the wild in Virginia and is being developed under the auspices of the Virginia Master Naturalist Program and the University of Virginia.

After graduating in The Netherlands with a degree in agriculture, Alfred Goossens joined the flavor industry as a Flavorist, and in 1975 he joined International Flavors and Fragrances in New York City as Director of Flavor Creation. Mr. Goossens worked at IFF for more than 25 years in progressive levels of responsibility in all aspects of technical, commercial, and senior management. He is the inventor and co-inventor of several flavor related patents, has published widely, and has lectured at many universities and organizations around the world. He became a certified member of the Old Rag Chapter of the Virginia Master Naturalists in 2010. Mr. Goossens is the Project Leader of *The Socrates Project – Poisonous Plants in Virginia* publication.

Following a 45-year career in the global engineering and construction industry, and service in the military and government, William Birkhofer retired in December 2016 and returned to Virginia. In June 2017, he became a Virginia Master Naturalist and a member of Old Rag Master Naturalists. As a citizen scientist, Mr. Birkhofer is active in the Smithsonian Conservation Biology Institute's Virginia Working Landscapes program, which conducts grassland plant, pollinator and bird surveys on private lands; bluebird survey activities sponsored by the Virginia Bluebird Society; and field maintenance

and survey activities in support of the American Chestnut Foundation. Mr. Birkhofer serves as Estate Naturalist at Barboursville Vineyards and joined the Socrates team in 2018.

Convention Hotel Information: The Hotel Roanoke & Conference Center, 110 Shenandoah Avenue, Roanoke, VA 24016. The Convention room rate is \$129 (for single, double, triple or quad) plus tax. Parking is \$16/night – Valet; \$10/night – Self-Parking. Call (866) 238-8235 and ask for Virginia Federation of Garden Clubs block. **Deadline for special rate is February 25, 2020.**

Convention Flower Show Information: Please contact Val Story 540-272-0975 or valstory@aol.com you are interested in entering the flower show. The schedule will be available when completed. All garden club members are invited to enter.

VFGC Convention Credentials Form

Name _____

District _____

Garden Club _____

Check one that applies:

- VFGC Officer/Board of Directors Club Delegate
 Club President Club Alternate

All designated delegates and alternates, including VFGC Officers and members of the Board of Directors, must complete this form and include it with your Registration Form. Eligibility shall be in accordance with VFGC Bylaws - the number of Delegates and Alternates each Club is allowed to send to Convention depends on the size of the Club. Based on club size, this is calculated as follows:

- | | |
|----------------|------------------------------------------------------|
| 1-25 members | President or appointee - 1 Alternate |
| 26-50 members | President or appointee plus 1 Delegate-2 Alternates |
| 51-100 members | President or appointee plus 2 Delegate-3 Alternates |
| 100 + members | President or appointee plus 3 Delegates-4 Alternates |

Delegates have the right to vote, alternates fill in for the delegate if delegate is unable to attend the Convention.



Virginia Federation of Garden Clubs, Inc.
EIGHTY-SIXTH ANNUAL CONVENTION

March 29-31, 2020

The Hotel Roanoke & Conference Center

“Today’s Actions Pave the Pathways of Tomorrow”

Return completed form postmarked by **March 10, 2020 for on-time registration.**
 Make check payable to “**VFGC 2020 Convention**” and mail both to **Grace Morris,**
 917 Glenwood Blvd, Waynesboro, VA 22980-3409. For info: glyonm@aol.com.

Name _____ Phone _____
 Address _____
 City _____ State _____ Zip _____
 Email _____
 Club _____ District _____

May we confirm registration by your email? Yes No

Check **ALL** that apply:

- | | | |
|------------------------------------------------------------------------------|---------------------------------------------|-------------------------------------------|
| <input type="checkbox"/> National Officer/Chm | <input type="checkbox"/> District President | <input type="checkbox"/> NGC Life Member |
| <input type="checkbox"/> Regional Officer/Chm | <input type="checkbox"/> District Director | <input type="checkbox"/> SAR Life Member |
| <input type="checkbox"/> Former VFGC President | <input type="checkbox"/> Club President | <input type="checkbox"/> VFGC Life Member |
| <input type="checkbox"/> State Officer/Chm | <input type="checkbox"/> Club Member | <input type="checkbox"/> Visitor/Guest |
| <input type="checkbox"/> VFGC Life Member or Book of Honor since May 1, 2019 | | |
| <input type="checkbox"/> First Time Convention Attendee | | |

Special Package Plan **\$225.00** \$ _____

Includes registration fee (add \$5.00 after March 10) Continuous Breaks, Sunday Dinner and Program, Monday Lunch and Program, Monday Dinner and Program, and Tuesday Brunch

Early Registration Fee, on or before 3/10/2020 \$25.00 \$ _____

Or Registration Fee postmarked after 3/10/2020 \$30.00 \$ _____

Sunday, March 29, 2020

Dinner and Program \$60.00 \$ _____

Monday, March 30, 2020

Continuous break, lunch and dinner \$115.00 \$ _____

Break and Lunch \$70.00 \$ _____

Dinner and Program \$60.00 \$ _____

Tuesday, March 31, 2020

Awards Brunch \$35.00 \$ _____

TOTAL \$ _____

_____ Check if special needs menu is requested. List details on back.

SCHEDULE OF EVENTS

Sunday, March 29, 2020

10:00 – 11:00	Finance Committee Meeting
10:00 – 1:00	Flower Show entries received
10:30 – 5:00	Registration Open
12:00 – 6:00	Exhibits and Shopping
1:00 – 1:30	Executive Committee Meeting
1:30 – 3:30	Board Meeting
3:45 – 4:45	Workshop
5:30 – 6:30	Social Time (Cash Bar)
6:30	Dinner honoring Life Members and first time Convention attendees <i>Program: Mary Ann Jung "History Alive Presentation"</i>

Monday, March 30, 2020

8:00 – 11:30	Continuous Break (Breakfast and Refreshments)
8:00 – 5:00	Registration Open
8:00 – 4:30	Flower Show Open
8:00 – 6:0	Exhibits and Shopping
9:00	Official Opening of Convention: Business Meeting
12:00 noon	Luncheon honoring VFGC Board Members <i>Design: Carol Caggiano, Floral Designer</i>
1:00 – 4:30	Continuous Break (Snacks & Refreshments)
3:00 – 4:00	Workshop
5:30 – 6:30	Social (Cash Bar)
6:30	Banquet honoring SAR Director, Carolyn McCafferty <i>Program: William Birkhoffer & Alfred Goossens, "Socrates Project: Poisonous Plants in VA"</i>

Tuesday, March 31, 2020

8:30 – 10:30	Breakfast and Awards Presentation honoring Landscape Design and Flower Show Schools
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"Virginia - Mountains to the Ocean"

An NGC Standard Flower Show

Presented by VFGC at the 86th Annual Convention

Entries received & judging on March 29, 2020
For further information contact Val Story at 540-272-0975 or
valstory@aol.com

Plant, Protect and Preserve

South Atlantic Region

Directors Project 2019 – 2021

Carolyn S. McCafferty, Director

"Jump at Every Opportunity" ...to Improve Our Communities Through Youth Involvement and Reclaiming Unusable Spaces



As garden club members grow older, there is a need for new life. This is the time to make our world a better place. Gandhi once said, “The future depends on what we do in the present.” Everything that we are doing now in our garden clubs, will reflect on the future of the world around us. So, the first part of my focus this term, is to get more involved with our youth. There are four people in my life, that are my pride and joy: Hannah, Mya, Brynna, and Ella. Who are they? They are my grandchildren. They are part of our youth. They are our future. John Kennedy said, “Children are the world’s most valuable resource, and it’s best hope for the future.” We need to be willing to use this resource to help our clubs grow.

Every garden club needs new growth—new members. Do we care what the age? Why not get involved with some youth? There is much they can learn from us and much more we can learn from them! Whether you are working with scouts, a church group, children gardening at a school...there are many ways we can be out there working with our children.

“I don’t want to protect the environment, I want to create a world, where the environment doesn’t need protecting.” What a wonderful quote! The second part of my focus this term, is to reclaim unusable spaces.

We need to do a better job in the way we treat our world. National Garden Club says, “Renew, Reuse, Reduce, Reclaim.” They are taking steps forward by continuing and broadening their recycling efforts. We need to follow their initiative. “We are living on this planet, as if we have another one to go to!” I am asking garden club members to work to protect and improve the environment around them. We need to take unusable spaces that we see, and give them new life—a new purpose. Look around your neighborhoods. I am sure there are areas there, that garden club members

could do magic with. Making them beautiful, useful—giving them a new purpose. Working together, one space at a time, we can provide new places for our communities to use and enjoy!

SAR 2019-2021 Special Project Awards

#1 \$50 Cash Award

This cash award will be presented annually to a garden club for the most outstanding project involving youth. It can be a scout group, youth group, a class at a school, etc. The project must be garden related.

#2 \$50 Cash Award

This cash award will be presented annually to the garden club with the most outstanding reclaimed space. It must be an area that has not been used in the past. (an empty lot, an area that has been a ‘dumping ground’ ...) The project photos must reflect a definite change in the use and look of the space. Locations and details of work done must be included.

VIRGINIA FEDERATION OF GARDEN CLUBS NEWS

Sensory Gardens

Submitted by Jane Harrold Sorensen, Horticulture Chairman

As I have been in hand-to-hand combat with the weeds in my gardens, I have also been up close and personal with my flowers and vegetables, which got me thinking about how these plants appealed to my senses. So, I've done a little research, and here are some ideas about plants that appeal to specific senses.

Vision is the sense that usually guides our flower choices as we select plants for their color and shape. When considering plant color, consider that yellows lift your spirits, oranges are stimulants, whites are calming, and reds dominate. Some plant suggestions for color are bleeding hearts (*Dicentra spectabilis*), butterfly weed (*Asclepias tuberosa*), cockscomb (*Celosia argentea*), sunflowers (*Helianthus annuus*), Pot marigold (*Calendula*), Swiss chard 'Bright lights' (Beta), zinnias (*Zinnia elegans*), and purple coneflowers (*Echinacea purpurea*).

Smell is probably the second sense we use. Be careful not to put too many very fragrant plants together, so you don't overwhelm your garden visitors. (We've all entered a candle store with a smell that could knock an elephant over). Plants known for fragrance are mints (*Mentha*)-- (remember they spread like crazy); a variety of herbs, anise hyssop (*Agastache foeniculum*), lavender (*Lavandula*), hyacinth (*Hyacinthus orientalis*), and roses (*Rosa*).

Taste is used for selecting our choice of vegetables, but there are also some very tasty flowers! Remember, plants that your garden encourages people to taste should be clean, non-toxic, and pesticide-free. It's a good idea to group the edible plants together to minimize the chance of having non-edible plants eaten by mistake. Edible flowers include nasturtiums (*Tropaeolaceae*), violets (*Viola*), bee balm flowers (*Monarda didyma*), strawberries (*Fragaria ananassa*).

Touch and hearing are the senses that we tend to notice "by accident." Plants that stimulate our touch are lambs' ear (*Stachys byzantine*), grasses, succulents (smooth and spiky), cockscomb (*Celosia*). For hearing stimulation, some plants have great seed pods that rattle when shaken, such as false indigo (*Baptisia australis*) and columbine (*Aquilegia*). Grasses produce soft sounds when the breeze goes through, or we rustle them with our hands.

Sensory gardens are usually created for children and special needs populations. But, if you are the kind of person who pets the fabrics in the clothing store, smells the fruits and vegetables in the store, sits in your yard and listens to the wind, tastes every new food offered, or carefully plans the meal so that a variety of colors are on the plate, then maybe a sensory garden is right for you.

Resources: [The American Gardener](#) (March/April 2019, July/August 2019); Penn State University Cooperative Extension, South Dakota State University

VFGC Grants to Beautify & Restore Awarded

Submitted by Judy Ann Fray, Chairman

We are pleased to announce that four VFGC Grants to Beautify & Restore have been awarded for the 2019 - 2020 Club Year. These Grants require that emphasis be on live plant material, and that the scope of the project show an impact on the community. The scope of the project in relation to the number of club members and any networking

with other organizations in the community needs to be shown in a complete application form. All details may be found on the VFGC Website.

Congratulations to the Dogwood and Green Thumb Garden Clubs of Big Stone Gap, Virginia for their project to restore gardens on the grounds of the Southwest Virginia Museum which were damaged during storms of recent years. (Amount, \$1,000)

The Buckingham Dillwyn Garden Club in South Central District will collaborate with other organizations in Buckingham to restore and provide landscaping for four signs at entrance to their county. (\$850)

Hawthorne Garden Club plans to provide a rain garden at a private school where extensive rains had damaged their landscaping. Emphasis will be on plantings that can withstand high water levels. (\$900)

The Madison Garden Club will be restoring and changing emphasis of a 30-year old garden at their high school so that it will be a Pollinator Garden, enjoyed by travelers on Rt. 29 as well as the school community and staff. (\$1,000)

We look forward to the reports of success that are to be submitted in May, 2020. Clubs that endeavor to conduct such community projects are encouraged to begin now to formulate plans to apply for a Grant to Beautify and Restore by September, 2020.

Penny Pines

Submitted by Joy Poole, Penny Pines Chairman

VFGC has been very supportive of the NGC Penny Pines project. From January to August, Garden Clubs have sent in \$6,432 to fund 99+ plantations. Each plantation represents approximately 200 trees for planting in our National Forest.

What a wonderful project considering all the forest fires, floods, and diseases in our forests. We are making a difference. Please be sure to check off the State you want your plantation to be sent to, or it will be sent to the State with the greatest need. Also, it is a wonderful way to honor (or in memory of) a member with a beautiful certificate for service to your local area or club.



Smokey Bear News

Submitted by Barbara S. Ohmsen, Smokey Bear Chairman

Again, you have outdone yourselves! The state received the award for most posters received in 2019 at the NGC Convention held in Biloxi, Mississippi. Member services sent the trophy to Mary Sue Floyd, which she graciously gave this Chairman to add to her collection. We look forward to receiving many, many more posters from the Virginia clubs, keeping our award record. Please contact your District Chairman for the 2020 Smokey Bear Poster information.

Virginia Landscape Design Consultants Council Fall Event

By Donna Cottingham, VLDCC Vice-President

Members of the Virginia Landscape Design Consultants Council enjoyed a lovely October day in the garden. The group toured the Virginia House Gardens, located in Windsor Farms in Richmond. The site is closed to the public and available only for special events and weddings.

While overseeing the design work at a newly built college in Richmond, now the University of Richmond, renowned Boston landscape architect Charles Gillette met many people in the local area. So, when the Weddells built their home in 1927, they hired Gillette to design their gardens. He also designed gardens for Agecroft Hall, as well as other notable Virginia homes, creating a regional style of gardens that later became known as the "Virginia Garden." Gillette created more than 2,500 design projects around the country in his 56-year career.

VLDCC members enjoyed the Gillette gardens at the Virginia House.



For more information about Landscape Design School, visit the VFGC Website and click on schools. The next Landscape Design School will be held on April 6 and 7, 2020, at Lewis Ginter Botanical Garden. The two-day sessions are taught by some of the area's leading landscape architects,

and the information is both interesting and useful. After successfully completing four two-day courses over two years, participants are invited to join the Virginia Landscape Design Consultants Council. The Council meets twice a year and has toured gardens in Virginia, Pennsylvania, and other areas.



VFGC No-Bake Sale

Submitted by Hazel Vance, Project Chairman

During November and December, the VFGC is encouraging clubs to hold a No-Bake Sale. What's a No-Bake sale? Select a favorite recipe and donate the cost of preparing it to the VFGC. A No-Bake Sale requires no shopping for ingredients, no kitchen clean up, and you don't even have to turn on the oven!

The proceeds will be used to support **Keys to The Future** to help more clubs receive **Grants for Youth Projects**. And in January, the District will receive a check in the amount of 10% of the total collected in that District.

Participate and have fun by sharing your recipes with your garden club members. Collect recipes from all the members and make a cookbook. Have fun with this project and donate to the VFGC. Make your club check payable to VFGC and mail it to Hazel Vance, 210 North Branch Road, Bedford, VA 24523-1240.

No Bake Sale Donation Form

Club Name _____

District _____ *Amount* _____

Items not baked _____

LANDSCAPE DESIGN SCHOOL • COURSE 3, SERIES 28
MONDAY, APRIL 6 & TUESDAY, APRIL 7, 2020
LEWIS GINTER BOTANICAL GARDEN
1800 LAKESIDE DRIVE • RICHMOND, VA 23228-4700
Submitted by Glenda Knowles, Landscape Design Chairman

Laurie Fox, Ph.D.: Laurie Fox is a faculty member in the Horticulture department at Virginia Tech and is based at the Hampton Roads Agricultural Research & Extension Center in Virginia Beach, VA where she has extension and research responsibilities. She received her BS & MS degrees in Horticulture from North Carolina State University, with an emphasis on landscape design, ornamental plant production, and weed science, and her Ph.D. from Wageningen University, the Netherlands. Laurie is an author and the publisher of *Best Plants for Hampton Roads - A Landscape and Garden Companion*. For the past several years Laurie has served as the chairman of the Virginia Flower & Garden Expo held in Virginia Beach.

Gordon W. Chappell, FASLA: Gordon Chappell has taught Landscape Design School for many years in several states. From Georgia, Gordon is a graduate of the University of Georgia, a former garden director at Colonial Williamsburg, and a Fellow in the American Society of Landscape Architecture. His private practice of landscape architecture in James City County focuses primarily on historic properties.

Jack Douglas, ASLA: Jack is the President and Founder of Douglas Associates, a professional landscape design and architecture firm in Richmond, VA. He taught as an instructor for the University of Richmond, Georgetown University and the University of Virginia. His garden designs have been featured in *Southern Living* and *Southern Accents*. Jack received a bachelor's degree in Landscape Architecture from the University of Georgia and a master's degree in Landscape Architecture from Harvard University.

Trevor R. Buckley, Landscape Planner: Trevor is a landscape planner and designer with a keen interest in bringing ecological design principles to bear on projects at all scales. His education and research have taken him across the American West, Europe, and Southeast Asia. After graduating from the College of William & Mary with a B.S. in Geology, he pursued farming and gardening for several seasons. This work led him to the Conway School's graduate program in sustainable landscape planning and design, where he earned a M.S. in Ecological Design. As a member of the landscape architecture studio at Timmons Group, based in Richmond, VA, Trevor works on a wide array of public and private sector projects in MD, VA, and NC.

Neal Beasley, ASLA, ISA Certified Arborist: Neal is a Landscape Architect and Certified Arborist with over 25 years of experience in the fields of Horticulture, Arboriculture, Irrigation, Landscape Construction and Public Gardening. Neal studied horticulture at N. C. State University and was formerly the Manager of Horticulture at the Lewis Ginter Botanical Garden. As an Arborist, he assesses trees during the site analysis to best determine protection strategies or removal. Neal is also on the team of the Timmons Group in Richmond. Neal is the co-author of "Recycling Urban Storm water: 1050K Street, NW Washington, DC" 2007.

LANDSCAPE DESIGN SCHOOL SCHEDULE

Monday, April 6, 2020			
Time	Activity	Chap	Instructor
8:00 – 8:20am – 8:20am	Registration Welcome		
8:30am – 9:30am	Landscape Design Accessories	12	Neal Beasley
9:40am – 10:40am	Introduction to Urban Design	32	Trevor Buckley
10:50am – 11:50am	Special Interest Topic –History & Evolution of Conservatories/Orangeries*	SIT	Neal Beasley
11:50am – 1:10pm	LUNCH (The Café is convenient)		
1:20pm - 2:20pm	*Tour of Lewis Ginter Conservatory and Collections by Neal Beasley	SIT	Neal Beasley
2:30pm – 3:30pm	Graphics Interpretation	29	Trevor Buckley
3:35pm - 4:35pm	Parks, Playgrounds and Conservation	18	Jack Douglas
6:30pm Group Dinner – place to be announced – pay on your own			
Tuesday, April 7, 2020			
8:30am - 9:30am	Guidelines for Evaluating Landscape Design	30	Jack Douglas
9:40am - 10:40am	Development of Landscape Architecture From 1840 - 1940	25	Gordon Chappell
10:50am - 11:50am	Herbaceous Materials for the Landscape	14	Laurie Fox
11:50am - 1:00pm	LUNCH (The Café is convenient)		
1:00pm - 2:00pm	Landscape Design for Maintenance	15	Laurie Fox
2:10pm - 3:10pm	Design on the Land – Regional Expression	24	Gordon Chappell
3:15pm	Review – consultants not taking the exam may leave.		
3:30pm	Exam		

The text for the entire series of Courses I-IV is *Stewards of the Land: A Survey of Landscape Architecture and Design in America*, published by NGC, Inc. Order through National Garden Clubs, Inc., 4401 Magnolia Ave., St. Louis, MO 63110, 800-550-6007 or 314-776-7574. Cost is \$40.00 plus shipping & handling. To order, scroll to the bottom of this webpage: <http://nationalgardenclubs.org/schools/landscape-design.aspx>. A new curriculum has been approved by NGC; however, this course will use the textbook.



Hotel Information

Hampton Inn - 5406 Glenside Drive. Hilliard Road beside LGBG becomes Glenside Drive (2.7 miles from LGBG) (804) 756-1777. Hot breakfast included. Ask for LDS Block – Rate: \$119.00. **Cut-off date for discount is March 13, 2020**

To reserve a room in the LDS block:

- (1) go to richmondglensidesuites.hamptoninn.com
- (2) select your arrival and departure dates, then click “add special rate codes”
- (3) in the box labeled “group code”, enter LDS
- (4) continue making your reservation by selecting from the available room types

at the negotiated group rate set up by the group contact.

COURSE REGISTRATION
LANDSCAPE DESIGN SCHOOL
COURSE 3 SERIES 28 APRIL 6 - 7, 2020
REGISTRATION DEADLINE: MARCH 15, 2020

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-Mail and/or Fax _____

Garden Club & District: _____

Check if Refreshing _____ Are you a Master Gardener? yes / no

Is your garden club a member of VFGC? ___Yes ___No

Please Check Correct Box

Exam Student _____ \$ 80.00

Non-Exam Student _____ \$ 80.00

Single Day Student _____ \$ 40.00

Circle One: Monday or Tuesday

TOTAL ENCLOSED _____ \$ _____

Note: The cost of your meals and lodging is not included in the registration fee. Refunds for medical emergencies only.

Please make check payable to **VFGC Landscape Design School**

Mail to: LDS Registrar

Phone: 540-297-0965

Marty Bowers

2854 Hickory Cove Lane

Moneta, VA 24121-6029

E-mail: martbw@gmail.com

School Chairman:

Glenda Knowles

Phone: 757 651-0401

6948 Chancery Lane

Williamsburg, VA 23188

E-Mail: ggknowles@cox.net

This course is available to all those having an interest in the beauty and care of our environment through landscaping.

VFGC CALENDAR OF EVENTS

Feb 1	Deadline for Spring ODG Articles	
March 16	Piedmont District Meeting	Richmond
March 19 - 20	SAR Convention	Greenville, SC
March 26	Tidewater District Meeting	Norfolk
March 29 - 31	VFGC Convention	Roanoke
April 6 -7	Landscape Design School	Richmond
April 7	South Central District Meeting	Lynchburg
April 16	Blue Ridge District Meeting	
April 23	Shenandoah District Meeting	Lexington
April 25	Southwest District Meeting	
May 11 - 14	NGC Convention	Milwaukee, WI
June 7 - 13	National Garden Week	
Aug 31 - Sept 3	Flower Show School, Course I	Lynchburg

VFGC YEARBOOK CORRECTIONS

All corrections listed are found on Page 5

District Presidents

Blue Ridge	Hazel Vance
Piedmont	JoAnn McNabb
South Central	Lou Ann Dumminger
Southwest	Elizabeth "Liz" Mann

District Directors

Blue Ridge	Felice Proctor, Glynis Hopkins
Piedmont	Diane Burgess, Sally Harrison
Shenandoah	Valerie Vaughan, George Ann Birkhofer
South Central	Barbara Wheeler, Brenda Hawkin



***Hear ye, hear ye,
Virginia Flower Show School is returning!***

Course I
August 31 - Sept 3, 2020
Kirkley Hotel, Lynchburg, Virginia

Flower Show School is not only for prospective flower show exhibitors and judges, but also for all garden club members and persons interested in flower design and horticulture. While the primary purpose of these courses is to train those wishing to become flower show judges, many people attend for information only as this is a general course of study. For further information contact Val Story: valstory@aol.com



“KEYS TO THE FUTURE” YOUTH PROJECT GRANTS

*Submitted by Melissa Damiano, Youth Project Grants
Chairman*

Piedmont District

Crown Grant GC will sponsor all fourth graders at a local elementary school. These children will learn about the beauty of flowers learning how to create designs of their own to take home to their families. Awarded - \$150

Salisbury GC will sponsor an after-school activity program pairing a high school student with an elementary student in a disadvantaged area. Club members teach youth about repurposing trash items into flower vases. Youth also practice math and writing skills documenting the growth of dwarf amaryllis. Awarded - \$240

Shenandoah District

Cedar Run GC will sponsor the Boys and Girls Club of Warrenton. At two events the club members will guide the youth in plant identification and appreciation for flowers and design. Awarded - \$320

Glen Burnie GC will sponsor City of Winchester Public School first graders. The 240 students will plant and care for marigold seeds. They will then spruce up a neglected community area by planting their marigolds for all to enjoy. Awarded - \$410

Rapid Ann GC will sponsor Orange Elementary School with Adopt-A-Pot program. Each classroom plants a specific type of plant in a pot learning to care for them. Kindergarten - vegetables, 1st - succulents, 2nd - annuals,

3rd - perennials, 4th - herbs, 5th – shrubs & annuals. Pots placed outside for all to enjoy. Awarded - \$440

South Central District

Buckingham Dillwyn GC will sponsor high school horticulture students participating with local Chamber /community organizations revitalizing four welcome sign areas positioned along major roads entering town. Students will landscape. Awarded - \$750

Twin Rivers GC will sponsor Clarksville Elementary Girl Scouts as they learn about insects, pollination, and gardening, then rejuvenate raised beds at their school. These youth will then present their new knowledge to their classmates. Awarded - \$660

Southwest District

Green Thumb GC will sponsor Norton Elementary School. Students plant and care for vegetable seeds in their greenhouse. Some of these vegetables will be transplanted at the high school for culinary students to use. High schoolers learn economy of home gardening. Awarded - \$820

Tidewater

Green Meadow Point GC will sponsor the Junior Garden Club at Western Branch Intermediate School (4th and 5th.) Students grow sensory, edible, and/or pollinator plants to place in various courtyards/ raised beds around the school. Awarded - \$710

Green Meadow Point GC will sponsor youth at Aldersgate United Methodist Church Kinder-Prep. *The Saved Seed* book is used as part of education. Activities: germinating seeds and planting container gardens with plants for pollinators. Awarded - \$330



Calling for Historic Preservation Projects

Has your club has started any historic garden preservation projects this year? Please contact Mary Lou Bean, Historic Preservation Chairman, to share your project.

Sharing your projects inspires other clubs to take on similar ideas, enriching our clubs and our communities. Email trmlb@verizon.net and include "Historic Preservation" as the subject line.

Piedmont

Alice Vivarette Sleepy GC

South Central

Marie Louise Frank Wayside GC

Shirley Chapman..... Buckingham - Dillwyn GC



Correction - Our sincere apologies for a reporting Mary Bosserman of Fincastle GC deceased in the Fall ODG.

DISTRICT & CLUB NEWS

An Enjoyable Fall Piedmont District Meeting

Submitted by Diane Burgess, District Program Chair



The fall Piedmont District meeting held on October 14th in Richmond drew a capacity crowd. An extensive array of new and favorite vendors made for wonderful shopping; the business meeting was well organized; the luncheon was delicious, and the highlight floral design program a huge success. Kathleen Hawryluk's "Travels with Auntie

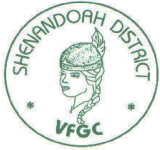
Mame" (pictured below) was creative, entertaining and inspiring—thirteen fabulous designs, artistic commentary, tips on how- to, shared sources, all interspersed with "Mame's" wit and humor. Six of her fabulous designs were given to the raffle (including 2 sculptures). It was a thoroughly enjoyable day. As a special initiative at the meeting, **Penny Pines donations** were collected to support the planting of 200 seedlings targeted to Virginia coastline areas impacted by Hurricane Dorian.



Photo credit Joann McNabb

Shenandoah District Fall Meeting

Submitted by Val Story, District Editor



The Shenandoah District fall meeting was held at Fauquier Springs Country Club in Warrenton on October 10, 2019. The banquet room sparkled and looked lovely with the fall flower arrangements created by Middleburg and Francis Fauquier Garden Clubs. Cedar Run Garden Club created the nametags, and Purcellville Garden

Club made the beautiful memorial and head table arrangement. Shenandoah's ways and means, plus Calfee and Purcellville Gardens Clubs, had terrific items for sale.

President Amy Thorpe thanked members for attending the meeting and recognized Shenandoah as an exceptional District as Clubs have been active in projects. VFGC First Vice President Mary Owen gave a warm and welcoming talk thanking all the club members for all the friendly responses, and diligent work competed.



There were two exciting speakers for the meeting's program. The first presenter was Rebecca Webert speaking about organic foods, GMOs, and gluten-free products. Her discussion stimulated a lot of questions as well as being thought-provoking. The second speaker was performer Mary Ann Jung as Julia Childs, presenting the audience with the life and trials of being a chef and having a TV show.

Rockbridge County Flower Show

Submitted by Maureen Becker, Secretary Rockbridge County Council (T)

For the first time in many years, the six clubs of the Rockbridge County Council of Garden Clubs sponsored a flower design show at the 2019 Rockbridge County Fair. Entry was open to the public and consisted of two themes: "Sunset over House Mountain" and Autumn in the Shenandoah." The show was an effort to promote interest in flower design as well as awareness of the activity of local clubs. Despite the area's prolonged heat and drought, sixteen beautiful arrangements were submitted from Garden club members and non-club community

exhibitors. Staged in the Anderson Coliseum of the Virginia Horse Center in Lexington, the show was very popular with Fair attendees who asked many questions about the designs as well as the work of the clubs. Mission accomplished!



Top ribbon winners were Nancy Irons of Glasgow Garden Club for Best in Show, Shirley LaCroix of Green Hills Garden Club and Valerie Vaughan of Glasgow Garden Club for Award of Design Excellence.



Pruning the Crab Apple Tree

Submitted by Michael Rider, Madison GC (Sh)



On a sweltering August morning, members of the Madison Garden Club gathered at the High School for an extremely informative lesson on pruning. At the request of Madison Garden Club President, Judy Ann Fray, Mr. James Walker of Bartlett Tree Experts shared his expertise. The primary beneficiary was the 35-year-old crabapple tree that is the centerpiece of the pollinator garden.

The morning began with a review of tools and safety equipment. James stressed the importance of eye protection and a hard hat, plus earplugs and protective chaps when using a chain saw, and a first aid kit (just in case).

Pruning began by thinking about the goals of the pruning rather than just rushing in with a saw. For the crabapple, primary goals were limbing it up so that the mower could pass under it easily, correcting some scars from poorly performed pruning in the past, eliminating crossing and rubbing branches, and opening up the canopy for the health of the tree.

After examining the tree and discussing potential issues, it was time to begin cutting. The initial cuts were to correct obvious problems. Limbs that had been hacked off halfway to the trunk were the first to go. Next were some very large limbs that were crossing, rubbing, and in one spot,

had actually grown together. Interestingly, some of the crossed branches were left in place because they were supporting the weight of the limb above it. Weight distribution is an important consideration when deciding where and how much to cut, something few of us would consider.

Undercuts made on the bottom of the branch being cut were surprisingly shallow. James explained that his primary purpose was to avoid having the falling branch strip the bark away from the part of the limb or trunk that was going to remain. Also surprising was the angle of the cuts. Although many of us have probably heard that cuts should be on an angle, they should instead be close to the branch collar and as flat as possible. When pruning a tree, the goal of the cut is to leave as small a scar as you can for the tree to heal over, and a circle (from a flat cut) is smaller than an oval (from an angle cut).

After the corrective cuts, it was time for additional cosmetic work with a goal to improve the symmetry of the tree. Once again, everyone stepped back from the tree to observe what had been done and consider what to do next. Think before you cut was an important takeaway lesson. James asked for suggestions about what to cut, and some lively discussion about which branches were best to remove ensued.



Throughout the pruning process, the Garden Club crew performed clean-up duty. James did all the cutting,

and we hauled the branches to build two substantial brush piles. It was amazing to all of us how much had been removed from the tree, yet it still looked full and lush. A casual observer would never be able to tell that such radical surgery had been performed, a mark of a successful pruning job.

The Garden Club certainly owes a debt of gratitude to James and Bartlett Tree Experts for the generous gift of his time and knowledge. We learned much, and the crabapple was the beneficiary of a long-overdue and expert pruning that should help it to live several more decades. The tree was beautiful before, but now you can see and appreciate the graceful

structure of the tree as well as its lush canopy and abundant flowers and fruit.

Edible Gardens and Landscaping

submitted by Judy Hodges, Thomas Jefferson GC (P)



The Richmond Council of Garden Clubs recently had a program on “Edible Landscaping.” The knowledgeable and energetic owner of Edible Landscaping located in Afton, VA - Michael McConkey - offered the group a truly unique perspective on including edible plants in our landscapes. Mr. McConkey has spent his adult years studying, exploring, and traveling widely to acquire and share his expertise in the cultivation and propagation of edible plants.

From pawpaw to pomegranate to elderberry and beyond, he discussed the growing habits and qualities of many of the plants he offers on his farm. At the current time, pawpaws are very popular with a wide variety of gardeners. They are well suited to the growing conditions in Virginia and produce fruit that is both healthy and delicious.

From his farm, Michael brought a selection of persimmon varieties from which the group was able to sample. These fruits often believed to be the source of a sour and unpleasant experience, proved to be sweet and delicious.

Additionally, he highly recommends blueberries, figs, and hardy kiwis as both interesting, beautiful, and healthy plants for home gardeners. Mr. McConkey truly believes you don't have to be a professional to grow fruit. What all gardeners need is a knowledgeable and quality nursery to guide them in the plant selection process, as well as the correct planting and care of plants chosen. For more information:
www.ediblelandscaping.com

Work Day at the Natural Bridge Elementary School

Submitted by Debbie Levonick, Natural Bridge GC (Sh)

In September, several members of the Natural Bridge Garden Club volunteered for a workday at the Natural Bridge Elementary School. The event was organized by Barbara Thomas Team Leader of the 4H/Natural Bridge Elementary School Garden Pretty. Rotten boards from the raised

beds replaced with new boards and metal hangers. Overgrown hyacinth bean vines along the fence line were trimmed.



Community and the Sisterhood of the Garden Club Ladies

Submitted by Sandy Yun, President Town and Country GC (Sw)



This year was the forty-first year of the beloved institution, the Wise County Famous Fall Fling, that occurs during nature's manifest of the colored leaves that spread beauty and joy throughout our town. During this time of festivity, many people come and participate in this event as vendors,

craftsmen, musicians, and of course, native and guest shoppers. In preparation for this event, members of the Town and Country Garden Club of Wise prepared the ornamental barrels down Main Street with flowering and green plants. They also were involved with decorating the lamp posts that line the Main Street with fodder shocks. Orange decorative bow tie ribbons were tied around the fodder shocks, and sunflowers and fall leaves entwined with the ribbons. Every year, we have wonderful musicians that come and entertain the community during the festival. Our club prepared the stage for performance artists with decorative flowers, pumpkins, vintage rocking chairs, hay bales, quilts, and various objects that reminded us of our heritage.



In preparation for the Fall Fling, the ladies were busy picking, coring, peeling, cooking and canning apples to make delicious apple butter to be sold at the Town of County Garden Club of Wise booth at the festival. An added nicety, we entered our apple butter in the "Anything Apples" contest this year and won second place. Some of the ladies were also

involved with preparing treat bags to be given to the vendors in token of our appreciation.

In preparation for the opening of the festival, members of the Garden Club, and with help from the Kiwanians, erected the tent for our booth and prepared tables for the display of the many items the club brought in for



sale. It was a true giving and bonding event with the community, as we were selling things to raise money for our club, and communicating and enjoying fellowship with the many people who stopped by the booth. We had an excellent opportunity to tell people about the National Garden Club, Virginia Federation of Garden Clubs, Garden Clubs of Southwest Virginia, and our local Town and Country Garden Club of Wise. It was a very fulfilling and enjoyable project that helped us raise money for our club. We are all part of a larger family that works together for the good of all.

Appomattox County Garden Club Honors the Annual Week of the Young Child

Submitted by Carrie Lewis, Appomattox County GC (SC)



Educating children is among the most emotionally fulfilling and exciting duties that any Garden Club can undertake. As a part of Appomattox Christian Academy's Week of the Young Child celebration, members of the Appomattox County Garden Club made their third annual visit to the school. We offered age-appropriate gardening activities for children from preschool through sixth grade. The youngest participants, three-year-old preschool children, made a craft from an assortment of garden seeds and carefully planted seeds for a make-and-take gardening activity. Primary school-age children enjoyed gardening-themed books and participated in the make-and-take garden activity.

A new aspect of the program this year was including slightly older students as helping hands to the younger children, allowing for more personal attention to each youngster. The Garden Club was pleased to note the apparent excitement of the younger children and the cheerful attentiveness of Mrs. Way's sixth-grade class. ACA kindergarten teacher and Garden Club member Carrie Lewis shared how the teachers and principal enthusiastically support our garden-themed activities and have invited us to return next year.

It is an honor to offer a program that supports a school in our county. We are fostering the children's connection to Mother Nature and hopefully sparking garden conversation between parents and their children. We hope that the educational seeds planted this spring will sprout and bloom for years to come.

Spotswood Trail Garden Club

Submitted by Kip Cain, President Spotswood Trail GC (Sh)



Pictured are Ann Brady, Angela McClennan, Sue Endres, Jackie Whitney, (standing) Lynn Larkins, Valerie Frayer, and Kip Cain (sitting)

On September 27, 2019 members placed a stone in the Greene County Library reading garden. The stone was painted with the name of the club by Valerie Frayer. Our club has maintained the garden for several years.

McIntire Botanical Garden Slated for Charlottesville

Submitted by Donna Cottingham, Salisbury GC (P)

A new botanical garden is planned for 8.5 acres in Charlottesville's McIntire Park, located just off the U.S. 250 bypass. The garden's Master Plan has won a 2019 national award from the American Society of Landscape Architects (ASLA). Although construction has not yet begun,

the organization is actively fundraising and is hosting tree walks, seasonal butterfly walks and other events at the site.

The McIntire Botanical Garden will be free and open to the public, offering classes, workshops and events for both adults and children. A spirit of playfulness will prevail in many of the garden's elements and structures, including a tree canopy walk for a real bird's eye view, with a slide to return to ground level. Also planned are aquatic gardens, a wildflower walk, a stream, boardwalks, and a bird blind for photographers.

Jill Trishman-Marks has been named Executive Director of McIntire Botanical Garden. Trishman-Marks has a Master's Degree in Landscape Architecture and also in Historic Preservation from the University of Virginia. For several years she worked with the late Ian Robertson on several garden designs for Lewis Ginter Botanical Garden in Richmond. Many VFGC members remember Robertson as a favorite landscape design instructor.

The garden's Master Plan was created by Mikyong Kim Design, an international landscape design firm of women, located in Boston, and Waterstreet Studio, a design firm located in Charlottesville. Mikyong Kim is the 2018 recipient of the ASLA Design Medal, and the Cooper Hewitt Award from the Smithsonian Design Museum. She is known for creating significant designs that reflect the beauty of the collective human experience. To learn more, visit mcintirebotanicalgarden.org.



7th Annual Ginter Park Garden Club
SPRING MARKET
Saturday, March 28th from 10-4
Ginter Park Presbyterian Church
3601 Seminary Avenue, Richmond, VA 23227

Shop juried local artisans & vendors, Garden items, Bake
Sale, Clothing, Jewelry, Lunch, Door Prizes
\$2 Admission

A Specific Epithet to Determine the Binomial Plant Name

Correct Scientific Identification

Submitted by Jane H. Earle, Thomas Jefferson GC (P)

In the 1700s, Swedish botanist, zoologist and physician Carolus Linnaeus developed the hierarchical system of classifying nature and provided a consistent way to name species, called binomial nomenclature. This system has endured for centuries as the commonly accepted scientific description of the natural world. When first developed, Binomial Nomenclature was considered a simplified way of naming plant species for the universal and unique value of individual species to be recognized worldwide. Prior to the classification nomenclature, individuals typically added their names as they discovered and researched plants, resulting in many different names evolving for the same species.

Binomial Nomenclature is defined in the Handbook for Flower Shows Revised 2017 2nd Edition Glossary page 140 as, "The scientific(binomial) plant name consisting of two Latin terms. First name being the genus, second the specific epithet. Together, the genus and specific epithet make up the species."

As required for proper identification to enter a species of horticulture in an NGC flower show other identifiers may be considered. Since only correctly and scientifically named horticulture species earning 95+ and a blue ribbon may be considered in the NGC Top Exhibitor Awards, all club members that exhibit horticulture will find the chart in the Handbook page 54 to be useful.

Whenever there is discussion and indecision regarding horticulture nomenclature, NGC and affiliates use the following website resource: www.plantsoftheworldonline.org

First Graders Learn about Seeds and Pumpkins

Submitted by Karen Luzuriaga, Publicist for Chesapeake Bay GC (P)

On October 25, 2019, eleven members from the Chesapeake Bay Garden Club (CBGC) visited the five first grade classes at Northumberland Elementary School. The program is based on the book *The Saved Seed* by Brenda Moore and illustrated by Emily Lackey. The book demonstrated how a pumpkin in the fall of year produces more pumpkins.



When the seeds are scooped out, dried, and then planted in the spring, new pumpkins will grow on long vines to be enjoyed in the fall.



Left to Right: Jacqui Penny, Linda Hixon, Anne Haynie, Anne Crawley, Sharon Lemeke, Pam Plumb, Darleen Nelson, Debbie Gillispie, Kaythie Truxall, Karen Luzuriaga, and Sharon Stiebe

The members of the garden club split up into five groups to read the book to the children. While the children were at lunch, newspaper was placed on desks arranged in groups of four. Each

group received a pumpkin with the top cut off. The children got to put their hands into the pumpkins and pull out the seeds. Then the seeds were placed into a plastic dish.

The teachers kept some of the seeds, but Linda Hixon took most home to dry and plant the in a school garden in the spring. Hopefully, when the students return to school as second graders, they will see the pumpkins growing.

In the spring, some of the members of CBGC will return to give lessons to the first graders again about seeds and how plants grow. The first graders will plant flower seeds in the garden along with the pumpkin seeds. During the summer, members from the garden club will water and weed the gardens for the students. Everyone enjoyed working with the cooperative students. A special thank you goes out to Linda Hixon for organizing this event.



Jacqui Penny is reading *From Seed to Plant* to one of the first-grade classes.

Rappahannock Garden Club Youth Initiative

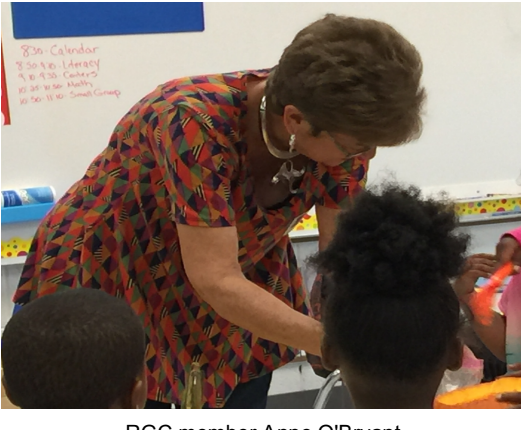
Submitted by Margie Redlin, Rappanhannock GC (P)



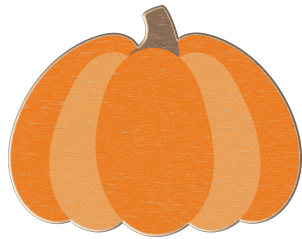
RGC member Helen Johnson

In September members of the Rappahannock Garden Club (RGC) visited Lancaster County Middle School and talked to students about Smokey Bear. They read Smokey's story and discussed ways to prevent wildfires. In October members were there again for The Saved Seed program. This time the members read from the book, *The Saved Seed*, and brought in various pumpkins for the children to see. The students discussed the similarities and differences between the pumpkins and also their many uses. With the help from RGC

members the student scooped out the seeds. The seeds are being saved to be planted with the children in the spring, RGC Youth Program is chaired by Mary Ann McKay.



RGC member Anne O'Bryant



Salisbury Garden Club Participates in Gardening Enrichment Program

Submitted by Fran Judd, Salisbury GC (P)

Students from the Suburban Mobile Village (Homework Helpers) and their tutors are learning about recycling. To put recycling, repurposing and reusing idea into action, the Salisbury Garden Club saved plastic bottles to use as flower vases, adding leftover ribbons to make them festive. Students created simple flower arrangements with donated flowers, greens and herbs donated from SGC gardens and Wind Haven Farms. Over the two-day event, 71 students created their own designs to take

home. One student declared he now had a Birthday present for his mother.



Members of the Salisbury Garden Club assemble flowers and greens for the students in the Homework Helpers Program. Members are L Barbara Metz, Becky Sodi, Nancy Scherer, Cany Nasser, Nell Masee and President Janice Beatty.

SAVE THE DATE

“DIVAS & DESIGNS”

Presented by Tidewater District, VFGC

Thursday, April 16, 2020

Fashions by Chico's, Williamsburg

Themed Basket Auction

Luncheon

Designs by the “Dueling Designers”

David Pippin and Al Brockwell

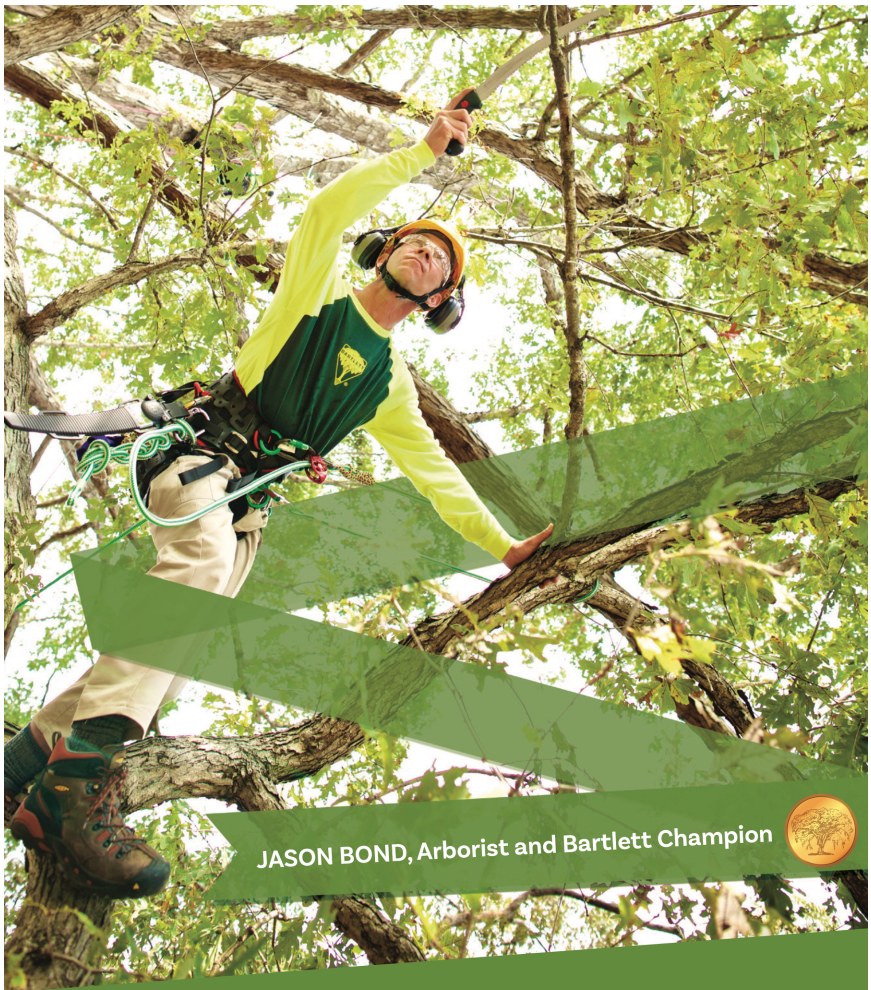
Colonial Heritage Ballroom, Williamsburg

10:30am \$30 donation

for tickets: Contact: Glenda Knowles

757-651-0401 ggknowles@cox.net





JASON BOND, Arborist and Bartlett Champion



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ODG Editor

Linda Wood
12200 Hunters Glen Court
Glen Allen, VA 23059
linda.wood1009@gmail.com

ODG Proofreader

Barbara Ohmsen, et. al.

Send Address Changes to:

Claudia Cosby *chcosby@verizon.net*

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Blue Ridge • Shirley Edillon
4858 Glenbrook Drive, SW
Roanoke, VA 24018-2800
540-989-3137 • *shirle4858@gmail.com*

Piedmont • Gail Goodrich Harwood
804-317-8091
Footprints@pedmontdistrictvfgc.org
Subject line "For ODG"

Shenandoah • Val Story
140 Culpeper Street
Warrenton, VA 20186-3220
540-349-2348 • *valstory@aol.com*

South Central • Valerie Virkler
1955 Slatesville Road
Chatahm, VA 24531-3117
434-432-8757 • *vvirkler@vbengines.com*

Southwest • Renee Johnson
817 West Main
Tazewell, VA 24651-5403
276-988-9759 • *rljldjed@twc.com*

Tidewater • Adele Lundquist
3349 Prince Edward Court
Virginia Beach, VA 23452-5757
757-717-1953 • *lundquac@cox.net*

• VFGC Mission Statement •

Virginia Federation of Garden Clubs, Inc., provides youth and adult education resources and opportunities for its members to promote the love of gardening, floral design, civic, and environmental responsibility.



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MARCH 29 - 31, 2020
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CONFERENCE CENTER